

WELL-COME BACK SERVICES

Corporate Wellness & On-Site Performance Programming

Well-Come Back delivers integrated corporate wellness experiences designed to support employee performance, reduce stress-related fatigue, and enhance workplace engagement. Our programming blends structured therapeutic massage with movement preparation and mobility integration to create measurable physical and mental benefits for teams.

Corporate Wellness Days

Wellness Days are structured on-site events allowing employees to sign up for 15-minute targeted therapeutic massage sessions. These sessions are ideal for employee appreciation days, leadership retreats, HR initiatives, and seasonal engagement programming.

Massage sessions focus on upper body tension relief, postural decompression, forearm and shoulder release, and stress-reduction techniques to counteract desk-based strain and repetitive workplace patterns.

Workplace Recovery Lounge

For larger corporate activations, conferences, or multi-day company events, we provide a scalable Recovery Lounge combining therapeutic massage, movement breaks, and circulation support strategies such as Normatec® compression therapy.

Provider teams scale according to employee volume, ensuring seamless scheduling and a refined, professionally managed experience.

Movement & Performance Workshops

In addition to hands-on services, we offer movement-focused workshops designed to improve posture, mobility, and long-term musculoskeletal health. Sessions may include desk mobility protocols, stress-reduction movement sequences, glute activation and hip mobility education, and practical strategies to reduce injury risk within workplace environments.

Ongoing Corporate Partnerships

Organizations may engage Well-Come Back for recurring on-site wellness days, quarterly activations, leadership performance programming, or hybrid models combining movement and therapeutic care.

Preferred partner rates and bundled programming structures may apply for multi-day or recurring corporate packages.

Customized proposals are structured to align with your organizational goals, employee volume, and event scope.

Movement with Intention. Care with Purpose.
Nomi & Harrison Mercado
WellComeBackServices.com